Health, Nutrition and Exercise Science

Department Information

- **Department Head:**
  Yeong Rhee, Ph.D.

- **Graduate Coordinator:**
  Kyle Hackney, Ph.D.

- **Department Location:**
  Bentson Bunker Fieldhouse

- **Department Phone:**
  (701) 231-7474

- **Department Web Site:**
  [www.ndsu.edu/hnes/](http://www.ndsu.edu/hnes/)

- **Application Deadline:** Exercise/Nutrition Science option: Applications completed by March 15 will be given priority for fall. Leadership in Physical Education and Sport option: rolling enrollment; enrollment is limited to 32 students. M.S. Dietetics (online), GPIEDA: March 1 for summer/fall and October 15 for spring.

- **Credential Offered:**
  M.S.

- **English Proficiency Requirements:**
  TOEFL iBT 79; IELTS 6.5

Bryan Christensen, Ph.D.
University of Kansas, 2000
Research Interests: Biomechanics, Sports Psychology, Strength and Conditioning

Shannon David, Ph.D.
Ohio University, 2013
Research Interests: Patient- Clinician Relationship, Patient Oriented Outcomes

Joe Deutsch, Ph.D.
North Dakota State University, 2007
Research Interests: Physical Education Teacher Education, Youth Sport Coaching

Marty Douglas, Ph.D.
Michigan State University, 2009
Research Interests: Adapted Physical Activity

Kara Gange, Ph.D.
North Dakota State University, 2010
Research Interests: Therapeutic Modalities, Diagnostic Ultrasound

Julie Garden-Robinson, Ph.D.
North Dakota State University, 1994
Research Interests: Nutrition Education, Chronic Disease Prevention, Food Safety/Science

Kyle Hackney, Ph.D, CSCS, CCD.
Syracuse University, 2013
Research Interests: Skeletal Muscle, Sarcopenia, Muscle Inactivity, Ergogenic Aids, Sports Performance

Elizabeth Hilliard, Ph.D.
North Dakota State University, 2018
Research Interests: Breastfeeding Support and Promotion in the Workplace, and Infant and Child Feeding Practices

Jenny Linker, Ph.D.
University of Illinois Urbana-Champaign, 2011
Research Interests: Comprehensive School Physical Activity Programs, Physical Education Teacher Preparation

Katie Lyman, Ph.D.
University of South Florida, 2014
Research interests: Kinesio Tape®, Emergency Medicine, Electromyography
Ryan McGrath, Ph.D.
University of Idaho, 2015
Research Interests: Frailty and Health, Epidemiology of Aging, Physical Activity and Health for Aging Adults and Persons with Disabilities, Disability Prevention

Yeong Rhee, Ph.D.
Oklahoma State University, 1999
Research Interests: Chronic Disease Prevention, Functional Foods

Sherri Nordstrom Stastny, Ph.D.
North Dakota State University, 2007
Research Interests: Nutrition for Healthy Aging

Bradford N. Strand, Ph.D.
University of New Mexico, 1988
Research Interests: Physical Education Curriculum and Instruction, Fitness Education, Sport Sociology

Donna J. Terbizan, Ph.D.
The Ohio State University, 1982
Research Interests: Exercise Physiology, Fitness, Wellness, Exercise Science, Chronic Disease Change